

Packing & Planning Guide

Arrival & Departure

Friday Night Arrival

- Plan to arrive between 6:00–8:00p.m. on Friday, February 9.
- Report to Homestead Lodge as located on the below map.
- Please be sure to eat dinner on your own before arriving at Spruce Lake. (We will have snacks available on Friday evening, but we will not be serving dinner.)

Sunday Morning Departure

- Participants must depart by 12:30 p.m. on Feb. 11.
- Parents are welcome to join us for Divine Liturgy in Cedar Hall (the lower level of Homestead Lodge) at 9:45 a.m.
- Parents who selected the lunch option may join us for lunch in Spruce Lodge after Liturgy.
- Parents who did not select the lunch option may depart immediately after Liturgy with their child, or are welcome to wait in Cedar Hall.

Directions

Spruce Lake Retreat Center is located at 5389 Route 447, Canadensis, PA 18325. Visit www.sprucelake.org/contact/directions for more detailed information.



What to Pack

- Comfortable clothes
- Modest dress clothes for Divine Liturgy (*we don't dress up for Vespers; jeans are OK*)
- Towels, sheets, pillows, and blankets are provided for you by the facility, but you may bring your own from home if you prefer your own bedding
- Toiletries
- Warm outerwear (*we will be walking between buildings frequently*)
- Extra clothes (especially socks and snow boots or a snow suit) if you plan on participating in the winter sports activities
- Board games, cards, sketch books, musical instruments, etc.
- Cell phones and other electronic devices may be used during free time and evening hours
- If you plan to visit the Gift Shop or the Snack Shop, bring some extra cash
- **Please Don't Bring** any items or clothing that your school would not permit you to have in your possession or wear. Flu and norovirus are also not welcome. Please stay home if you're contagious.

What if it Snows?

In the event that the Retreat must be canceled due to inclement weather, we will contact parents by email and/or telephone no later than 2pm on Friday, February 9.

Questions?

If you have any questions that have not been answered in this packet, please do not hesitate to reach us at the contact information below.



Winter Sports

There is a lot to do in the great outdoors at Spruce Lake! If you have your own ice skates or snow shoes, bring them along to use over the weekend. Be sure to pack plenty of warm outerwear, too.

Rentals

Plan ahead to bring some extra cash to the Retreat if you would like to participate but don't have your own equipment:

- **Snow Tubing:** Free
- **Snow Shoe Rental:** \$5 per person
- **Ice Skate Rental:** \$2 per person

See you at the Retreat!